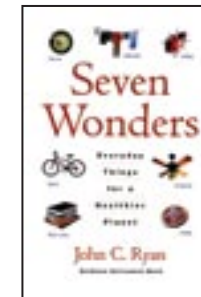


SimpleSolutions

for everyday ORGANIC™



In December 1999, a newspaper reporter from Washington called. He was writing a review of the book *Seven Wonders: Everyday Things for a Healthier Planet* by John C. Ryan. Michael Guilfoil of *The Spokesman-Review* newspaper asked me if I had my own “seven wonders.” The story that ensued was headlined

“Simple Solutions.” Here, then, is the continuation of that story.

Each issue of *MaryJanesFarm* will feature in detail new solutions, and will give you all the information you need to make them your own.

Solutions from previous issues are available in the magazine section of my website:
www.maryjanesfarm.org/SimpleSolutions.

7 books for holiday giving

Books make the best gifts because they keep on giving, page after page. This holiday, pass out paths to new horizons! Here are a few of my favorites. All are available on Amazon.com.

Glamping with MaryJane

It's glamour. It's camping. It's glamping. It's me! Whether you want to glam up a backyard retreat, porch, or rooftop; gussy up a vintage travel trailer parked permanently in your back 40; or hit the road with your glampin' girlfriends, here's your must-have guide for all things glamping. (Gibbs Smith, 2012, \$24.99)



seven wonders

Create Your Own Free-Form Quilts

by Rayna Gillman (C & T Pub, 2011, \$27.95). In this follow-up to her popular *Create Your Own Hand-Printed Cloth*, Rayna shares her “can’t make a mistake” approach to designing one-of-a-kind quilts with free-form cutting and piecing. You’ll learn to trust your instincts so you can work more intuitively and develop a new appreciation for the therapy of sewing without a plan, creating stunning originals from leftovers and scraps. “This book is a must-have ... it is saving my quilting sanity ... and quilting will actually be fun!” – Jo, Amazon

Trailerama by Phil Noyes (Gibbs Smith, 2012, \$24.99). From sheet music to greeting cards to postcards to Hollywood, the travel trailer figured prominently in 20th century American pop culture. It's put on grand display in this kitschy celebration culled from the coffers of *Trailer Travel's* Phil Noyes—the perfect companion to my *Glamping* book.



Wheat Belly (Lose the Wheat, Lose the Weight, and Find Your Path Back to Health) by William Davis, MD (Rodale, 2011, \$25.99). Davis exposes the harmful effects of what he says is actually a product of genetic tinkering and agribusiness being sold to the American public as “wheat”—and provides readers with a user-friendly, step-by-step plan to navigate a new, wheat-free lifestyle that can lead to permanent weight loss and relief from digestive problems.

A Few Tips for a Simple Life

by Michael Guilfoil, *The Spokesman-Review*

Organic farmer MaryJane Butters long ago embraced Thoreau's dictum to “simplify, simplify.” As a Forest Service ranger in the 1970s, she spent two summers roaming Utah's Uinta Mountains with her home on her back. Later, she maintained the most remote wilderness ranger station in the Lower 48. Today, Butters and her family live eight miles outside Moscow, Idaho, on their farm, headquarters of her mail-order dry-foods business. But even e-commerce hasn't tempered Butters' enthusiasm for simplicity.

MaryJane's

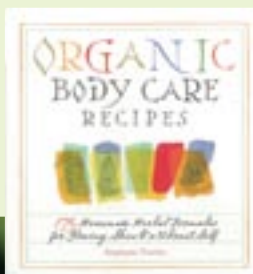
Rustic Wedding Chic

by Maggie Lord (Gibbs Smith, 2012, \$30). Rustic weddings are the hottest alternative to the traditional hotel ballroom. Get an insider's look at real rustic weddings as Maggie shares inspiration, ideas, and advice—all with an independent, eco-friendly, and creative approach.



Organic Body Care Recipes

(175 Homemade Herbal Formulas for Glowing Skin & a Vibrant Self) by Stephanie Tourles (Storey, 2007, \$18.95). Discover the joy and fun of crafting your own body care products. Stephanie, a licensed esthetician, herbalist, and aromatherapist, offers recipes that are fun, simple, and satisfying, and include notes on prep time, storage, and uses.



Charlie and the Christmas Kitty

by Ree Drummond (HarperCollins, 2012, \$17.99). In this follow-up to *The Pioneer Woman's New York Times* best-selling picture book, *Charlie the Ranch Dog*, Charlie may not have put a kitty on his Christmas list, but he learns that if you keep an open heart, new friends can come in unexpected packages.

