

MARY JANES FARM®

THE EVERYDAY ORGANIC LIFESTYLE™ MAGAZINE



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- Find good in everyday, "the plums of life."	

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- Plum Pie.....	91
- Campfire Pan-Seared Steaks with Pomegranate-Mushroom Sauce.....	91
- Garlic Smashed Potatoes.....	92
- Butter Cookie Pie Crust.....	92



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- My Field of Dreams • By Lorene Edwards Forkner..... 10
- Lorene travels to MaryJanesFarm to learn about Carla Emery, a contemporary Pioneer woman and former neighbor of MaryJane's.

Home Safe Home

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- Cinnamon & Honey..... 13
- How to Remove a Tick..... 13
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- Restores (Habitat for Humanity sells building materials cheap)..... 16
- Vinegar Uses..... 18

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- E.C.O. (Environmentally Conscious Optics)..... 12
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- Natural Burial Company (basket caskets)..... 14
- Eco-Friendly Blow Dryer by Barbar Products..... 14
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- Solar Window Film by CHB Industries..... 16
- Odor Eliminator by the Earth Corporation..... 18
- "Small Steps" by Marcal (inexpensive Earth-friendly paper products)..... 18
- Recycled Glass Tiles by My Tile Backsplash..... 18

Keeping In Touch

- What's a Farmgirl To Do? • By Emme Amble, WA..... 22
- What's a farmgirl to do without a farm? Change the way you live by crafting, buying local produce, and much more!
- Makin' Hay • By Rachel Foster, ID..... 24
- Rachel learns a life lesson from bringing in her grandpa's hay in that inspires her to live off the land as an adult.
- Ode to Cabbage (poetry) • By Jennifer Yeatts, ID..... 26
- Recipes For Green Housekeeping • The Farmgirl Connection..... 27
- 15 green cleaning recipes.
- Makin' Hay While the Sun Shines • By Kay Thomas, AR..... 30
- Willodene Bradford, at age 83, is a hardworking farmgirl in Arkansas doing things the "old-timey way."

Every Woman Has a Story

- Hands Across the World • By Ardis Eckel..... 44
- From an internship at MaryJanesFarm to documenting life in a rural Romanian Convent, Alyssa Grossman is drawn to labor and stories of work done by hand.



Farm Life with MaryJane Butters

Simple Solutions: Preserve the Harvest with 7 Unique Tricks

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- Project: make a root cellar to preserve your vegetables.	
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- Preserve food by freezing.	
Vacuum Packing.....	56
- Preserve fresh fruit and veggies longer with vacuum packing.	
Canning.....	56
- Preserve food with canning. MaryJanesFarm Recipe: Raspberry ChillOver Jam.	
Salting.....	58
- Preserve food with salt, bake fish with salt, and use leftover salt.	
MaryJanesFarm Recipe: Trout Baked in Salt.	
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- Preserve food economically and nutritionally by drying it.	
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- Ferment cabbage for Sauerkraut (aids digestion).	
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- MARYJANESFARM RECIPES: Steuben County Corn Pudding and Bob's Corn Oysters.	
Pop Culture.....	66
- Old movie classics and popcorn lift the spirits.	
- MARYJANESFARM RECIPES: Healthy Popcorn, CrackleJack Popcorn, Easy Blender Butter.	
Bringing Home Your First Horse • By Jennifer Denison.....	68
- Take care of your horse naturally.	
Horse Dreams • By Michelle Van Dyke.....	72
- Making your horse dreams a reality.	
Be an "Entre-Manure".....	74
- Nancy Geaney gifts people with horse manure mixed with straw for their gardens.	
Your First Cow: Cream of the Crop.....	75
- Jersey cows make the best milk cows.	
Horse Trough Gardening.....	76
- Project: make a pest-free stock tank garden that drains properly.	
Push Back the Sky.....	78
- MaryJane shares her feelings on living in the Idaho Outback in the '70s.	
Savor the End of Summer by Pitching a Homemade Tent	82
- Build a canvas tent for glamour camping.	
Crafting with Twine.....	86
- Twine Craft Projects: chairs, bags, baskets, and hair accessories.	
Slippers: One-Evening Project.....	88
- Knitting/Crocheting Projects: knitted and crocheted slippers.	



Farmgirl Buzz: Farmschooling City Kiddos.....	94
- The Farmgirl Sisterhood's online musings.	
Here's the Thing • By Rebekah Teal.....	96
- Past school days teach Rebekah that it's more important to be authentic than popular.	

Cast Iron Recipes

- Roasted Brussels Sprouts with Sweet Potatoes and Candied Pecans.....	91
- Roasted Brussels Sprouts with Orange Juice.....	91
- Steamed Brussels Sprouts with Mustard Sauce.....	92
- Sautéed Brussels Sprouts with Cashews and Currants.....	92



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- Creativity: A Way of Life • By Jenny Doh..... 10
- Jo Packham and *Where Women Create*.

Home Safe Home

TIPS

- Rid Fabric of New Smells..... 12
- Repurposing Old Fabric..... 13
- Rag Curlers..... 15
- Homemade Toothpaste..... 15
- String Holder..... 16
- Homemade Craft Paper..... 16
- Baking Soda Shaker..... 16

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- Sweeper Sweaters by Gypsy's Daughter..... 12
- Red Ants Pants (work pants for women)..... 13
- "Upcycled" Leather Bags by ReMake USA..... 13
- Pollen-Proof Screens by PollenTec..... 14
- Soy Eco-Candles by Evergreen Candleworks..... 14
- Intermatic Water Heater Timer (saves on your electric bill)..... 14
- Fleur d'Amour by Sylvie Beljanski (fall perfume)..... 15
- Living Jewelry by Jen McGlashan..... 15

Keeping In Touch

- A MaryJane Day • By Janet Hurst, MI..... 20
- Janet realizes that her very busy day full of family chores and baking was a fulfilling "MaryJane Day."
- Make Each Day Your Masterpiece • By Deborah Jean Bosworth, MA..... 22
- Creativity is waiting at your fingertips for you to light the fire of your imagination.
- Grandma's Dirty Knees • By Mikki Jo Howard, IN..... 24
- Picking strawberries on her knees, Mikki's grandma shows her the wisdom in the simple.
- The True Treasure • By Dorothea Barth, CA..... 26
- Dorothea treasures the words written by friends and family in a Dutch Poésie (poetry) book.
- Making Connections • By Krystal White, WA..... 28
- Puzzle-making helps Krystal realize that the efforts we make in life are valuable.

Every Woman Has a Story

- Quilty Connections • By Ardis Eckel..... 40
- Publishing *The Country Register* is Barbara's greatest craft achievement.



Farm Life with MaryJane Butters

Simple Solutions: Seven Ways to Celebrate Food

Organic Lifestyle ... One Tiny Step at a Time.....	46
- Eating, shopping, and preparing whole foods.	
Bedazzled by Bulbs.....	48
- Grow bulbs indoors in the winter.	
Square-Inch Gardening.....	50
- Use plastic deli trays to grow veggie gardens in your house all year.	
Plan Now for Wildlife Habitat • By Carrie Hugo, Idaho.....	52
- Plant perennials in the fall for a great wildlife habitat.	
Farm Fair.....	54
- 2009 farm fair pictures, story, and route.	
Barn {P}raising	62
- Neighbors help each other raise a barn.	
Barn Quilts: Taking Illinois by Storm.....	66
- People in Illinois paint quilts on the sides of their barns.	
Restoring Heirloom Quilts.....	68
- Sewing Project: Patch, rebind, and add a history label to your heirloom quilt.	
Shear Delight: Giving Old Wool New Life.....	72
- Wool Craft Projects: horse blanket, skirt, pinkeeper, and hot pads. Restore and reupholster an antique chair with wool and an old blanket.	
Knit a Sweater Shawl.....	78
- Knitting Project.	
Farmgirl Food Drive.....	79
- MaryJane's Farmgirl Connection hosts a food drive.	
Functional Chicken Wire.....	80
- Chicken-wire Projects: "flower frog," baskets, and other projects.	
Cracking the Code on Homemade Crackers.....	82
- MARYJANESFARM RECIPES: Basic Farmhouse Crackers, Sundried Tomato Basil Crackers, Tamari and Pumpkin Seed Crackers, Rosemary Crackers, Garlic Dill Crackers, Gingerbread Crackers, Fig Preserves, and Topping Ideas.	
Busy Girl Organic Yogurt.....	86
- MARYJANESFARM RECIPES: Basic Organic Yogurt, Organic Powdered Milk Yogurt, Organic Cream Yogurt, and Organic Raw Milk Yogurt.	
Play it Out.....	94
- Taking time for fun and laughter will give you lifelong health benefits.	
Here's the Thing • By Rebekah Teal.....	96
- Being a farmgirl is more about a girl's heart than a girl's farm.	

Cast Iron Recipes

- Sweet Potato Banana Mash.....	91
- Roasted Sweet Potatoes & Acorn Squash with Apples & Pears.....	91
- Ham Dinner on the Half Peel.....	92
- Stuffed Acorn Squash with Sweet Potato, Polenta & Sausage.....	92



Old-Fashioned Christmas

DEC • JAN 2010

Here For Life

- Living La Vida Local • By Alyson Oüten..... 11
- Friends get together for a food social and share ideas of buying and eating local.

Home Safe Home

TIPS

- Grocery Number Codes..... 14
- Make Frozen Yogurt..... 14
- Organize Accessory Drawer..... 15
- Button Box (organize your buttons)..... 15
- Chicken Wisdom..... 16

PRODUCTS

- Safe Paint by AFM Safecoat..... 15
- Eco-Tools (Earth-friendly beauty)..... 15
- Repurposed Yarn by Smart Monkey..... 15
- Earth-Friendly Dog by Planet Dog..... 16
- Insulated Water Bowl by Solar Sipper..... 16
- Cat Scat Mats..... 16

Keeping In Touch

- The Bird Tree • By Alana Schoffstall, PA..... 20
- Alana's grandpa spent a summer collecting nests and other items from nature to make a spectacular "bird tree" for Christmas.
Simple Gifts • By Susan C., IN..... 22
- Susan describes the obstacles and joys of caring for children with disabilities.
On the Steps with My Sis • By Julie Bulssa Kohl, AZ..... 26
- The greatest gift of Christmas was the mutual love and anticipation Julie and her sister shared.

Every Woman Has a Story

- Recipe for Raising Chickens • By Ardis Eckel..... 36
- Minnie Rose Lovgreen publishes *Recipe for Raising Chickens* in 1975.

Farm Life with MaryJane Butters

Simple Solutions: Seven Resolutions for a Green New Year

- Gather 'Round the Holiday Hearth: Entertaining on a High Note..... 44
- Inexpensive holiday fun and games with family/friends.
Host a Cupcake Exchange • By Alyson Oüten..... 48
- "Cupcake Collective" community fundraiser.
Gifts by the Dozen..... 50
- Craft Project: Plant seeds in plastic disposable food trays and decorate for Christmas gifts.



The Gift of Tea.....	54
- Tea-bag swap, teacup candle, soap in a teacup, and a teacup bird feeder.	
Step by Step Organic Holiday Dinner.....	56
- Plant seeds in plastic disposable food trays and decorate for Christmas gifts.	
MARYJANESFARM RECIPES: Stuffing w/Sausage, Dates & Apples, Baked Yams w/Maple-Pecan Butter, Clementine-Cranberry Relish, and Lemon-Garlic Broccoli.	
An Organic “Twist” On Candy Canes.....	63
- MaryJanesFarm Recipe: Organic Candy Canes.	
Down on the Gingerbread Farm.....	67
- Craft Project: Build and decorate a gingerbread farm.	
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- Craft Project: Make/decorate applesauce ornaments.	
All I Want For Christmas are Galvanized Farm Tools.....	74
- MaryJane shares her love for galvanized metal.	
Holiday Colors Beyond Red & Green.....	76
- Craft Project: Make clip-on fabric flowers in bright colors for the holidays.	
Galvanizing a Nation.....	78
- The importance of voting.	
SIDEBAR: Instructions to make a flower pin and large fabric flowers.	
Decorating with French Knots.....	80
- Sewing Project: French Knots and a wool quilt.	
Give the Gift of a Clothespin Apron.....	82
- Sewing Project: Sew a clothespin apron.	
T-Shirt Quilt.....	85
- Quilting Project: Iron fusible interfacing onto shirts and stitch together for a quilt.	
Getting it Together: A Place for Every Tool.....	86
- Project: build organization shelving for your tools. MaryJane shares her story about being a female construction worker in the '70s.	
Here's the Thing • By Rebekah Teal.....	96
- Christmas (and life) isn't about a house or the shiny stuff inside.	

Cast Iron Recipes

- Turkey and Dumplings.....	93
- Chocolate Gingerbread.....	93
- Ham and Lima Beans.....	94



Things We Love

FEB • MAR 2010

Here For Life

- Collecting Quilts: The Thrill of the Hunt • By Lauren Straub..... 11
- Mary Koval loves collecting, restoring, and preserving antique quilts.
 - SIDEBAR: Caring for Vintage Quilts.

Home Safe Home

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- Less Paper (digital sticky notes)..... 14
- No More Junk Mail..... 14
- Chamomile Tea..... 15
- No Dandruff..... 15
- Green Power..... 15
- Chalk Covers Up..... 16
- Apple Basket Storage..... 16
- Vinegar Check..... 16

PRODUCTS

- Solar Outdoor Oven by Tulsi-Hybrid 15
- Makeup Brushes by EcoTools..... 15
- Organic Mattresses by U.S. Lifekind..... 16

Keeping In Touch

- Snowed In • By Karen Bateman, MO..... 20
- Poetry.
- Porch Dreams • By Regina Becknell, OH..... 22
- Regina has wonderful memories surrounding her grandparent's porch swing in the Blue Ridge Mountains.
- A—Pinin' for Pickets • By Deborah Jean Bosworth, MA..... 24
- Deborah moves to New England with her husband and finally get a picket fence.
- Porch Memories • By Delisa Marchetti, Georgia..... 26
- Delisa's hours spent on the porch have helped mold her into the woman she is today—looking at the world with wonder and following her pirate heart.

Every Woman Has a Story

- Wild at Heart: Grow Where You're Planted • By Ardis Eckel..... 36
- Zan lives in the Bronx, keeps bees on her roof, and grows vegetables in her yard.

Farm Life with MaryJane Butters

Simple Solutions: Seven Ways to Tap Into Your Own Brilliance

- Dollars From Dirt: Old Farm New Tricks..... 44
- Bridgman Hatchery in Sunnyside, WA, provided eggs and pullets to the Pacific NW.
- Hatching a Hobby: City Chickens make good pets—and good eggs..... 46
- City women discuss their love for chickens.
- Sister Act: Helping Others • By René Groom..... 48
- Neighbors pitch in to help fix up a chicken coup.



Build it: Relationships that Pay.....	50
- Artist Anna Brewer shares her journey and inspiration.	
Stencil Revival: Giving the Age-Old Craft of Stenciling New Life	54
- Projects: Stencil furniture and walls to decorate your house simply and beautifully.	
A Sleepy Nod to Grandma's Quilts.....	58
- Project: Decorate a bedroom with a grandma's "feminine" touch.	
- Quilt Project: Edge your unfinished heirloom quilt with vintage lace.	
Make a Globe Lamp.....	62
- Craft Project: Make a globe lamp with a vintage globe, fringe, glue, and cardboard.	
I Think My Treadle's Sexy.....	64
- Buy and care for a treadle sewing machine.	
Gluten-Free Valentine's Day.....	68
- MARYJANESFARM RECIPES: GF Chocolate Cupcakes, GF Cream Cheese Frosting, GF Peanut Butter Mini-Cheesecakes w/Ganache Topping, GF Lemon Mini Cheesecakes w/Lemon Frosting, GF Lemon Frosting and GF Chocolate Snap Cookies, and Natural Food Coloring.	
Easy, Speedy, and from Scratch.....	70
- MaryJanesFarm Recipe: Irish Soda Bread.	
Seeing Double: Collectible Kitchenware.....	72
- Collecting double boilers.	
Fast Food That Isn't Junk.....	73
- MARYJANESFARM RECIPES: Basic Cheesy Garlic Fondue, Pizza Fondue, and Spinach Fondue. Quick Bean Dip, Blender Gazpacho, and Tuna-Avocado Pita.	
Upper-Crust Comfort Foods.....	76
- Chicken Pot Pie w/Cream Cheese Crusts and Sirloin & Potato Pie.	
Grab That Carpenter's Apron: Build a Flower Box for Someone Special.....	80
- Project: Build a flower box.	
Let Unruly Rulers Keep You Organized.....	82
- Project: Make a scarf/hat rack with rulers.	
Handmade Votive "Candelabra"	83
- Project: Make a candelabra with wood and metal gelatin molds.	
Community Gardens.....	84
- Moscow, Idaho's, community garden and statistics on community gardens.	
S-L-O-W Urban Gardening.....	85
- Author Felder Rushing explains the positive attitude of slow gardening.	
Naturescaping: Lawn-free yards.....	86
- Plant your yard with native plants instead of grass and cut back on pollution.	
Farmgirl Buzz: Sit a Spell.....	88
- The Farmgirl Sisterhood's online musings.	
Here's the Thing • By Rebekah Teal.....	96
- Love should be shared and given, like Rebekah's grandma's mint plant.	



Cast Iron Recipes

- Sweet and Spicy Beef Couscous..... 93
- Strawberry without the Shortcake Couscous..... 93
- Lemon-Dill Couscous..... 94
- Coconut Curry Chicken Coucous..... 94



Here For Life

- Dining Divas • By Karen Keb..... 11
- A small creative group of inspiring Idaho women gather monthly to entertain and bond over their love for cooking.

Home Safe Home

TIPS

- Homemade Facial Toner (rose & lavender facial toner)..... 13
- Face Wash (yogurt cleanser)..... 13
- Rain Barrels (garbage cans)..... 14
- Natural Dishwasher Soap..... 14
- Recycle Your Oil..... 14

PRODUCTS

- Worm Composting Bins (handcrafted) 12
- Fly Predators..... 12
- Artisan Personal Care Products by HollyBeth's Natural Luxury..... 13
- Cutting Board Care by Poor Richard's Woodserve..... 14
- Organic Non-Toxic Cleaner by Liquid Sunshine..... 14

Every Woman Has a Story

- Baking Up a Business • By Ardis Eckel..... 38
- Barbara Squier talks about the creation of her business, Julian Bakery, and its success.
 - SIDEBAR: Heritage Grains and Seeds for the Backyard Garden. Types of heritage grains.

Keeping In Touch

- Gifts From the Garden • By Aenne Carver, CA..... 18
- Share your garden with others. Recipe: Sunshine Tomatoes. Recipe: Flavored Vinegar.
- Laundry Day • By Jesse Stone, MO..... 20
- The time Jesse spent with the Amish helped her realize that life is a balancing act of everyday choices.
- The Journey Home • By Kendra Fletcher, CA..... 22
- Kendra takes pride in being a homemaker.
- The Garden Loom • By Margaret Kirk, CO..... 24
- Friends and family gather to weave a garden loom sculpture, sharing the joy of connection.
- Garden Secrets • By Regina Becknell, OH..... 26
- Regina loves spring in the garden because she can see possibilities for the future.
- The Mustard Patch • By Glenda Barrett, GA..... 28
- Glenda plants a mustard patch for her 90-year-old grandmother and remembers all that her grandmother did for her over the years.

Farm Life with MaryJane Butters

Simple Solutions: Seven Ways to Green Your Spring Cleaning

- Spring Cleaning..... 46
- Method and products for giving your home a thorough cleaning.



Broom Aprons.....	47
- Project: Make an apron to protect your broom.	
The Art of Outdoor Bathing.....	48
- Bathing outdoors in cast-iron clawfoot bathtubs relaxes the mind <i>and</i> body.	
- SIDEBAR: Riggin' Up an Outpost Bathtub.	
An Ode to Moms.....	52
- History and poetry about Mother's Day.	
- MaryJanesFarm Recipe: Tea-Stained Eggs.	
Cooking with Heirlooms.....	54
- History and significance of heirloom tomatoes.	
- MARYJANESFARM RECIPES: Heirloom Tomato Open-Faced Sandwich, Scallops w/ Mashed Potatoes, and Corn & Heirloom Tomatoes.	
Peppers...Pickle a Peck!.....	56
- MaryJanesFarm Recipe: Pickled Peppers.	
Easy Homemade Condiments: Ketchup, Mayo, and Mustard.....	58
- MARYJANESFARM RECIPES: Fresh Tomato Ketchup, Raw Blender Mayonnaise, and Cooked Mayonnaise.	
Eat the Rainbow.....	60
- Brightly colored vegetables and fruits deliver a healthy dose of phytochemicals.	
- MARYJANESFARM RECIPES: Coconut Quinoa w/Swiss Chard, and Ginger Sticky Rice Chard Rolls.	
Classical Favs Go Organic.....	62
- MARYJANESFARM RECIPES: Old-Fashioned Mini-Applesauce Cake Donuts, Cream-Filled Canoes, Pumpkin Whoopie Pies, Whoopie Pie Cream-Cheese Filling, Cream Filling for Canoes & Cupcakes, Chocolate Cream-Filled Cookies, Cookie Filling, Cream-Filled Chocolate Cupcakes, Chocolate Glaze, and White Frosting.	
Heartfelt Pastries: Fav Food That Doesn't Test Your Willpower.....	66
- Craft Project: Felted desserts.	
Suburban Folk Art: Garage-Door Quilts.....	68
- Project: Decoupage/paint your garage door to look like a quilt.	
Weaving Made Easy.....	70
- Craft Project: Make an easy weaving loom.	
Make Greeting Cards From Common Weeds.....	72
- Craft Project: Paper-making with Jaime.	
- SIDEBAR: Bee's Buttons and Treasure Book.	
Tussie-Mussies.....	78
- Project: Make a bouquet of flowers and herbs that carry a special message.	
Egg-Carton Bouquets.....	79
- Project: Teach children the "gift of giving" with hand-made egg carton bouquets	
Rooftop Gardening.....	80
- City dwellers grow rooftop gardens. Washington couple's rooftop garden flourishes, aids environment, and saves money.	
Chicks are for Kids.....	83
- Raising chickens is a great learning experience for children and the classroom.	



Building Soil ... Recipe for Fertility.....	84
- Composting is recycling at its finest.	
Farmgirl Buzz: Garden Ideas.....	92
- The Farmgirl Sisterhood's online musings.	
Here's the Thing • By Rebekah Teal.....	96
- Five steps to making your garden a grownup playground.	

Cast Iron Recipes

- Gluten-Free Waffles.....	89
- Puff Pancakes.....	89
- Honey Orange Sauce.....	90



Sentimental Journeys

JUNE • JULY 2010

Here For Life

- A Scholarly Woman of Craft • By Anna Vodicka..... 11
- Quilting is Mary Clearman Blew's unpublished craft, ritual, and family heritage.

Home Safe Home

TIPS

- Newspaper Gardens (weed control)..... 12
- Squirrel Deterrent (cayenne pepper)..... 12
- Natural Sunburn Relief..... 13
- Cough Begone! (organic apple cider vinegar)..... 13
- Natural Cleaning..... 14
- Kitchen Hints (bananas, sweet peppers, sticky foods, fruits)..... 14

PRODUCTS

- Gardening Gloves (for kids)..... 12
- Handcrafted Eco-Soap by Good Fortune..... 13
- Fly Fishing Book by Sisters on the Fly..... 13
- Multi-Use-Cloth by SKOY Cloth..... 14
- Eco-Friendly Arts/Crafts by Eco Green Crafts..... 14

Keeping In Touch

- Spool Memories • By Ruth Shuey Hower, PA..... 18
- Growing up, Ruth thought of many fun and creative things to do with wooden spools.
- When God was a Woman, Her Name Was Mollie • By Mary Brooks, Japan... 20
- A poem about Mary's grandmother.
- One More Time • By Jane-Ann Heitmüller, AL..... 22
- The 127th annual gathering of the Grossmama's family meets one last time on the Fourth of July.
- A Sentimental Journey • By Opal Underwood, Georgia..... 24
- Opal and her sister, inspired by their late parents, start a business (Nostalgic Seamstress, LLC) that makes aprons etc... out of customers' treasured garments.
- The Purge • By Alyson Outen, ID..... 26
- Alyson used three words to rid her closets of clothes that she no longer wore: donate, swap, and consign.
- Brown Calico • By Susan Baxter Wells, WA..... 28
- Susan remembers calico curtains during childhood nap-time.

Every Woman Has a Story

- Uniquely Upcycled • By Ardis Eckel.....38
- Kelly Myott-Baker of Pullman, WA builds beautiful upcycled purses from discarded clothing and fabric.



Farm Life with MaryJane Butters

Simple Solutions: Seven Steps for Lowering Your Grocery Bill

Eat from the Peel.....	44
- Buy and eat produce that isn't packaged for less waste.	
- MaryJanesFarm Recipe: Straight-from-the-Peel Applesauce	
Make it Easy: Reusable Bags.....	45
- Craft Projects: Reusable plastic bags and reusable produce bags.	
I Know My Tractor's Sexy.....	46
- Julia Hayes describes the joy of having her very own tractor.	
A Woman and Her Tractor.....	50
- Nancy Vogelsberg-Busch raises Angus cows for organic beef.	
City Farming: No Farmgirl Left Behind.....	52
- Learn how to have a thriving city garden with Community Gardens and Yard Shares.	
- SIDEBAR: New Website Provides Resources to City Farmers.	
Memory Gardens.....	54
- Plant a garden, tree, flower, or herb to help you remember someone or something special.	
- SIDEBAR: The Language of Flowers. (Memory garden flower names.)	
Vertical Gardens: Oh Grow Up!.....	56
- Train plants up trellises, arbors, pergolas, and each other to gain ground space, improve air circulation, foil pests, and increase actual yield.	
- SIDEBAR: Getting Vertical. Directions to make your plants/flowers grow up objects.	
Gardening with Hattitude: Make a Raffia Garden Hat.....	58
- Craft Project: Make a Raffia garden hat.	
Bringing Home Your First Goat with Lynne • By Lynne Grasse.....	62
- Lynne Grasse, a dwarf goat breeder, explains the how-tos of buying, raising, and breeding goats.	
Cheesemaking with Janet • By Janet Hurst.....	64
- Goat cheese instructions with recipe and resources.	
Women Helping Women.....	65
- "Women Build" is Habitat for Humanity's volunteer program just for women.	
Sentimental Journey: The Old Mill.....	68
- The story of the Old Mill, Lynn Cameron, and Joseph Barron Sr.	
Flour Sack/Feed Sack Pillows, Purses, Totes.....	72
- Feed-sack products, sewing project ideas, and feed-sack purchasing information.	
Cowboy-boot Purses.....	74
- Craft Project: Make a purse out of a cowboy boot.	
Family Heirloom Adventure Quilt.....	76
- Sewing/Embroidery Project: Sew/embroider a family heirloom quilt that marks your travel adventures (using coffee-stained muslin).	
Affordable National Park Camping.....	78
- Camp at U.S. National Parks.	



Quilt Stops.....	78
- Share the name of your small-town quilt shop on our chatroom.	
- SIDEBAR: Quilt Gardens. Visit the Heritage Trail in Amish country to see gardens transformed into quilt designs.	
Girl Meets Grill.....	80
- MARYJANESFARM RECIPES: Grilled Lemon Potatoes, Grilled Onion, Tomato & Goat Cheese Salad, Grilled Corn w/Cilantro-Lime Butter, Grilled Pineapple-Rum Skewers, and Grilled Brown-Sugar Bananas.	
Tortilla Sunday.....	82
- MARYJANESFARM RECIPES: Tortilla Plates, White Chili, Ice Cream Bowls, and Eco-Picnicware.	
Lazy Days Ice Cream.....	84
- MaryJanesFarm Recipe: Short-Order Ice Cream and Express Ice Cream.	
Pretzels: The All-American Snack.....	88
- MaryJanesFarm Recipe: Soft Pretzels, Hard Pretzel Bites, and Sweet-Spicy Dijonnaise Dipping Sauce.	
Farmgirl Buzz: Garden Ideas.....	92
- The Farmgirl Sisterhood's online musings.	
Here's the Thing • By Rebekah Teal.....	96
- Great Uncle John's letters remind Rebekah that being sentimental isn't weak or foolish.	

Cast Iron Recipes

- Basic Aebleskiver.....	93
- Cherry Aebleskiver.....	93
- Chocolate Aebleskiver.....	94



Lay of the Land

AUG • SEPT 2010

Here For Life

- A Legacy in the Land • By Genny Charet 09
- Quilting is Mary Clearman Blew's unpublished craft, ritual, and family heritage.

Home Safe Home

TIPS

- Grill Clean-up (wet paper towels)..... 12
- Junk-Food Jar (rewards for eating healthy)..... 14
- Pet Salad (healthy greens for pets) 14
- Pretty Plant Ties 14

PRODUCTS

- Wear Words, Celebrate Cultures (organic clothing screen printing)..... 12
- Dr. Bronner's Peppermint Soap (help for poison ivy)..... 12
- A Beautiful Life (natural nail lacquers/polishes) 12
- Mountain Rose Herbs (herbal infused honey) 13
- Simply Perfect Products (drywall repair kit)..... 13
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DEC • JAN 2012

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 - Lee shares her love for roses.

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- Fairy Art • by Ardis Eckel..... 40
 - Tatjana Raum is a German artist who brings the stuff of folklore to life ... fairies, elves, pixies, wood spirits, and other mythical creatures.

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- “Hale” to the Chef..... 50
 - Interview with April Hale about her business, Open Table Catering and her signature cupcakes. Recipes: Blueberry-Ginger Cupcakes, White Chocolate Frosting, Strawberry Cupcakes, Balsamic Frosting, Lemon-Ginger Cupcakes, Ginger Cream Cheese Frosting, Raspberry-Mint Cupcakes,



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APR • MAY 2012

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- Home on the Range • by Betsy Lou Whipple..... 13
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- Smitten by a Farm • by Victoria Stauser 24
- Victoria reminisces about her grandparents farm and her move to her own farm
- My Life with Bees • by Kristi Rendahl 26
- Experiences with bee farming.
- Smitten with Scobys • by Cindi Hailey 28
- Health benefits of SCOBYS (symbiotic cultures of bacteria and yeast) and kombucha.

Every Woman Has a Story

- Smitten with the Past • by Ardis Eckel 40
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JUNE • JULY 2012

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- Interview with artist, Terri Kelly Moyers about painting and her inspiration from the wild west.

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- Rose & Oat Facial Scrub 18
- Save Your Smile (and Your Money)—Eat a Mushroom! 18

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- Instructions for creating a corset shaped wall hanging.
- Lazy Afternoon Drive • by Helen McHugh 22
- A country drive leads to the possible renovation of an aged farmhouse.
- Girl Trips • by Dianne Greco 24
- Road trips to Long Island's tourist destinations arouse nostalgic memories.
- Road Trip • by Andrea Culletto 26
- The excitement and discoveries of the world seen through road trips.
- Trippin with Tibicos • by Cindy Hailey 28
- The history, health benefits, and how-to's of the tibicos "grains".

Every Woman Has a Story

- Untangle with Zentangle• by Ardis Eckel 38
- Kass Hall introduces the art of zentangle.

Farm Life

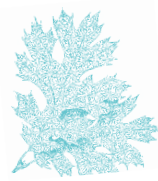
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- Love Gone Sour, Cherries 44
- Correctly use different varieties of cherries.
- Organic Produce Can Give You a Cancer-Fighting Edge 45
- Buy and consume organic fruits and vegetables to receive more nutrients.
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- Individual Cherry Cobblers, Cherry Pie with Coconut & Brandy, Fancy Brandied Cherries, Coconut & Date Sundaes with Fried Bananas & Brandied Cherries.
- Women Who Can 50
- Jennifer Russell answers frequently asked questions about canning.
 - Recipes: Vanilla-Bean Peach Butter.



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- Unique Jar Recipes: Carrot Cake Jam, Pudding Pots	
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- Using your urban homestead to create an at-home retreat.	
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- Starting a peony patch.	
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- Quilt square designs and the stories they tell.	
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- Simple bracelet design using safety-pins and beads.	
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- Metal Chalkboard, Succulents, Green Up a Door, Try the “Leslie” Fern, Framed Vintage Doorknob Backplates, Doorknob Bouquets, Scarves, Doorknob Coat Hooks, Renovating an Old Desk.	
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- Kimberly Ryan’s romantic farmgirl fashions.	
One Love Spa Day.....	82
- Using organic products and ingredients to throw a spa day for friends.	
Here’s the Thing • Rebekah Teal.....	96
- Fill a shoebox with chocolates, photographs, music, and quotes to make a “Emergency Car Kit” (a first- aid kit for your mood.)	

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Best of Show

AUG • SEPT 2012

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- Glamour + Camping, Glamping • by MaryJane Butters 10
- A brief introduction into MaryJane's new book, *Glamping with MaryJane*.
Fanciful Quilts • by Sandi Day 13
- Karen Schoepflin shares her love and the creative process behind her extravagant quilts.

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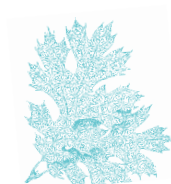
- Blue-Ribbon Fair Food 23
- Recipes for organic corn dogs and organic funnel cakes using MaryJane's Budget Mix.
Best of Show • by Kristina O'Leary 24
- The joys of having 'paperless' animals on a farm.
Dream Big • by Kathleen Everett 26
- Tips on growing the world's largest pumpkin.
Blue-Ribbon Brownies • by Sally Gosen Case 28
- Sometimes the underdog (in this case, brownies) can win the blue ribbon.

Every Woman Has a Story

- Reviving Victoriana • by Ardis Eckel 40
- Irinia Stepanova brings back Victorian craft and aesthetics with her needlework designs.

Farm Life

- Simple Solutions: 7 Sisters Who Are Making it Happen 44
Smokin' Hot 46
- Recipes for smoked foods: salmon fillets, tomatoes, almonds, pork tenderloin, portobello mushrooms, and turkey.
Blue-Ribbon Pie • by Nicole Christensen 52
- Nicole shares her blue-ribbon experience and award winning cherry pie crust and filling recipes.
Step-by-Step Lattice-Top Cherry Pie 54
Every Apron Has a Story 56
- Two sisters, Monica Kovacs and Melissa Eloë, share their love of vintage aprons.



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- Interview with quilt designer, Johna'Lee Burke.	
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- A colorful display of measuring utensils.	
Kitchen Organizers	66
- Tips and tricks for repurposing everyday and vintage objects to organize your kitchen.	
Braiding Garlic.....	70
- Step-by-step instructions for braiding softneck garlic.	
Urban Foraging • by Sundari Elizabeth Kraft	72
- Finding natural food sources in an urban environment.	
Barking Dogs Make Bad Neighbors	74
- Banish barking solutions for neighbors and dog owners.	
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-Candic Hoffman and husband, Ted, manufacture organic and chemical free fabric	
Why Organic Cotton?	78
-In India, organic cotton farming not only provides a way of life, it's saving lives, too.	
Here's the Thing • by Rebekah Teal	96
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G Is For...

OCT • NOV 2012

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- Be Happy...Get Dirty! • by MaryJane Butters 10
- MaryJane explains how getting outside and being around soil and mud is good for your health.
- G Is For...Grounding • by Laura Koniver 13
- Dr. Laura Koniver shares about the importance and benefits of grounding.

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- How to make wall art from fabric scraps, canvas, and paint.
- G Is For...Gardening • by Rena Beyer 24
- Rena’s perspective of the planting, the tending, and the harvest of her garden.
- G Is For...Giving Up • by Ariana Hawkins 26
- Ariana shares what things in life are beneficial to give up for a healthy lifestyle.
- G Is For...Grapes • by Joan Donaldson 28
- Joan describes her thankfulness through challenging and joyful moments on her vineyard.
- G Is For...Goats • by Jennie Smith-Pariola 30
- Jennie and her family adopt 3 dwarf goats.

Every Woman Has a Story

- Industrial Revelations • by Ardis Eckel 40
- Amber Conger pursues her passion as a sculptural metal artist.

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- Simple Solutions: 7 Tips for Good Neighborin’ 44
- Junk Gypsy • by Wally Byam 46
- Junk Gypsies Amie, Janie and Jolie find treasure from junk and antiques.
- Ghoulish Halloween Party Treats 52
- Pumpkin Ornaments, Roasted Pumpkin Bowl, Dipping Fingers, Budget Mix Cake Pops.
- Thanks Giving..... 56
- 11 recipes for Thanks Giving Dinner.
- Colorific Furniture..... 62
- How to create colorful pieces of furniture and wall art with a weathered finish.



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Heres The thing • by Rebekah Teal	96
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Self Rising

DEC • JAN 2013

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- Half the Sky • by MaryJane Butters 10
- A description of the book Half the Sky about turning oppression into opportunity for women.
- Peace Quilts • by Jen Bové 13
- Jen makes a difference by creating an organization called PeaceQuilts supporting Haitians.

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- 5 Herbs & Spices to Combat Parkinson's 20

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- A holiday list of things-to-do for the Advent Calendar.
- Self Rising • by Kathleen McConnell 24
- The blessing and thankfulness of being able to self-rise every day.
- 12 Months of Christmas • by Marcia Myers 26
- Marcia shares about gifting herself with one meaningful gift a month.
- Fire in the Belly • by Shannon Cavanaugh 28
- Shannon discovers the romance of having a wood stove.
- Rising Slowly • Elizabeth Leonard 30
- Elizabeth describes the joy of rising slowly.

Every Woman Has a Story

- Girl Power • by Ardis Eckel 40
- Ishley elmore is part of the first all-girls tractor restoration team.

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- Simple Solutions: 7 Books for Holiday Giving 44
- Fabulous Fruitcake 46
- Kristin Muchow's story about her award winning fruitcake.
- Winter Soups 50
- Chicken & Corn Chili, Potato Leek, Creamy Mushroom, and Beef Bourguignon w/ Roasted Carrots.
- Urban Homesteading • by Sundari Elizabeth Kraft 54
- A no-knead bread recipe that fits within budget and tastes as good as bakery bread.
- Yet Another Girl Genius • by Deb Bosworth 56
- Cindee Moyer expresses her creativeness by using different mediums to create art dolls.



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- How to make straw ornaments from grain and weed stalks.	
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- 5 different ways to make a burlap wreath to welcome your holiday guests.	
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- How to make holiday decorations out of recycled Christmas cards.	
Making a Country Living Naturally	76
- Kate Jaeckel transforms her harvest into soaps and salves.	
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- Zachary Reynolds builds furniture from reclaimed and recycled shipping pallets.	
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- The art of spinning dog hair.	
Heres The thing • by Rebekah Teal	96
- Finding the courage in yourself to do something you have always wanted to by self-rising.	

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Saying Yes!

FEB • MAR 2013

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- Oh Me, Oh My! Love That Country Pie • by MaryJane Butters..... 10
- April Pizana talks about the inspiration behind her photography (includes pictures from Royer's Round Top Café & Pie Haven.)

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- A Glamping inspired wall calendar made from frames and fabric.
- The Dance • by Sara Yurt 24
- The difficulties and blessings seen in the cycle of life.
- The Gremlin • by Laura Stowe Jones 26
- Learning from 'man's best friend' to be curious about the things that are often overlooked.
- Let Them Draw Farms • by Candice Ransom 28
- Farms provide inspiration and comfort for Candice, an author of children's books.
- Saying "Yes"! • Lauren Richwine 30
- Lauren learns the value behind saying "yes"!

Every Woman Has a Story

- Mitzi's Treasures • by Ardis Eckel 40
- Mitzi Curi collects, sells, refashions, and decorates with antiques.

Farm Life

- Simple Solutions: 7 Farms to Visit..... 44
- Spring Rolls..... 46
- Fried Rolls: Rueben Rolls with Dilly Russian Dressing, Homemade and Marbled Wrappers, Spinach & Paneer Rolls with Tomator Curry Sauce, Buffalo Chicken Rolls with Creamy Gorgonzola Dressing; Rice Paper Rolls: Rice Paper Wrappers, Shrimp & Cabbage Rolls with Mango Sweet & Sour Sauce, Turkey & Mushroom Rolls with Peanut Sauce.
- Glitz, Glam, & Junk at Round Top, Texas..... 52
- Enter the world of junkin' and pickin' at the Round Top Antiques Week.
- Mr. & Mrs. Wedding Day Decor..... 58
- Recycled and homemade wedding decor makes a wedding memorable.



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- How to make paper beads and flowers from leftover catalogs and magazines.	
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- Bonny Gorsuch creates wearable and unique designs from scraps of fabric.	
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- Weave a rug using strips of fabric.	
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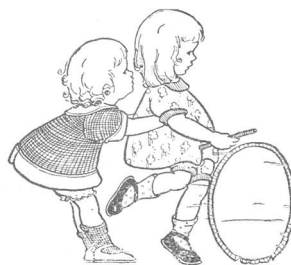
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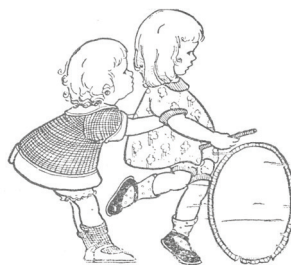
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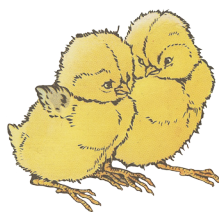
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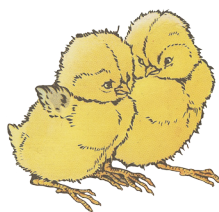
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